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Bollywood Celebrities Before and After Reconstructive Plastic Surgery Managing Strategies

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ABSTRACT: Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories: reconstructive surgery and cosmetic surgery. Reconstructive surgery includes craniofacial surgery, hand surgery, microsurgery, and the treatment of burns. While reconstructive surgery aims to reconstruct a part of the body or improve its functioning, cosmetic (or aesthetic) surgery aims at improving the appearance of it. Facial plastic surgery can be important because our facial expressions allow us to interact and communicate with each other. Our appearance has an impact on how others perceive us. While some would like to improve certain parts of their face, others are born with facial abnormalities such as a cleft lip, a birthmark, or other birth defects. Fortunately, many conditions such as the effects of aging, sun damage, or previous facial trauma can be corrected through procedures performed by a skilled surgeon.

I.INTRODUCTION

Non-surgical procedures and techniques such as chemical peels, microdermabrasion, and injectables can also help for some facial conditions. Injectables include medications such as Botox®, Dysport®, Restylane®, Juvederm®, Radiesse®, Sculptra®, and other fillers that can be placed under the skin to improve the appearance of the face.[1]

Surgical facial plastic treatments include:

- Rhinoplasty/Septoplasty—Surgery of the outside and inside nose in which cartilage and bone are rebuilt and reshaped to improve the appearance and function of the nose
- Blepharoplasty—Surgery of the upper and/or lower eyelids to improve the function (like drooping eyelids) and/or appearance of the eyes
- Browlift—Surgery to improve forehead wrinkles and droopy eyebrows
- Rhytidectomy—Surgery of the skin on the face and neck to tighten the skin and remove excess wrinkles[2,3]
- Liposuction—Surgery to remove excess fat under the chin or in the neck
- Facial Implants—Surgery to make certain structures of the face (cheek, lips, chin) more prominent and well defined
- Otoplasty—Surgery to reshape the cartilage of the ears so they protrude less
- Skin Surface Procedures—Surgery using lasers, chemical peels, or derma-abrasion to improve the smoothness of the skin

- Facial Reconstruction—Surgery to reconstruct defects in facial skin from prior surgery, injury, or disease, including reconstruction resulting from cancer surgery, scar revision, repair of prior facial trauma, removal of birth marks, and correction of congenital abnormalities of the skull, palate, or lips[4,5]

II.DISCUSSION

Bollywood celebrities are known for their physique, intense work-out regimes and maintaining their appearance. However, some celebrities have had a little extra help – plastic surgery. Whether it was tweaking the angle of your nose or changing the angle of your smile, these celebrities tried to modify their features.

Priyanka Chopra: The international icon has been in the entertainment industry for a long time and has made her name in Bollywood and internationally. While Chopra has never openly admitted to going under the knife, her face has transformed over the years, feeding into the rumours that she underwent plastic surgery.[6]



Shruti Haasan: Daughter to actor turned politician Kamal Haasan, Shruti Haasan has appeared in a handful of movies in Bollywood, and is popular in South Indian cinema. She admitted to getting a nose job before her Bollywood debut, but insisted that it was for medical reason. Later, many online reports alleged that she even got lip fillers



Vaani Kapoor: While Vaani Kapoor has not appeared in many movies, the model and actress is known for her good looks. However, after her appearance in Befikre (2016) and ‘War’ starring Hritik Roshan and Tiger Shroff (2019) fans were

convinced Kapoor had changed her features. The actress denied the rumours and said that her change in appearance was due to the fact that she had lost weight[7,8]



Ayesha Takia Azmi: The Bollywood actress has not appeared in many movies lately, but is known for her hit films like Socha Na Tha (2005), Dor (2006) and Wanted (2009). Recent pictures of her surfaced online where fans were convinced that the actress had altered her appearance. People on social media discussed how Takia's plastic surgery went wrong and how she looked much better before.



Anushka Sharma: Anushka Sharma made her Bollywood debut in a romantic drama titled Rab Ne Bana Di Jodi in 2008. Sharma's road to success was a quick one as she bagged many big projects after her appearance with Shah Rukh Khan. In 2014, the celebrity made headlines after people noticed that her lips looked a little different in pictures and appearances. Sharma addressed the plastic surgery claims and said that she used temporary lip enhancing tool in collaboration with make-up techniques she has learned over the years. However, some fans still think the celebrity went under the knife and altered her appearance



The yesteryear actress looks way younger than her real age owing to the many plastic surgeries that she underwent with varying results. Although her fans consider her to be an evergreen beauty since her flicks like Chandni and Naagin, the actress has had a very evident nose job and botox besides the face-lifting and body-tucking procedure. Sri Devi slammed these allegations saying that women over 40 should look after themselves and do what makes them desirable.



The word on the street is that Dhadhak actress, Jhanvi Kapoor, got her nose, lips, and jawline done in different surgeries. Jhanvi had a broad nose, which is now much sharper and slimmer owing to a rhinoplasty that did wonders for her. She is also said to have gotten a lip job that made her pout fuller. Finally, if you look closely, you will notice that she has also fixed her jawline to make it look more chiseled and angular.



III.CONCLUSION

Reconstructive plastic surgery is performed to correct functional impairments caused by burns; traumatic injuries, such as facial bone fractures and breaks; congenital abnormalities, such as cleft palates or cleft lips; developmental abnormalities; infection and disease; and cancer or tumors. The goal of reconstructive plastic surgery is to restore both form and function.

The most common reconstructive procedures are tumor removal, laceration repair, maxillofacial surgery, scar revision, hand surgery and breast reduction plasty. According to the American Society of Plastic Surgeons, the number of reconstructive breast reductions for women decreased in 2018 by 4 percent from the year before. Breast reduction in men decreased in 2018 by 8 percent. In 2018, there were 57,535 performed.[9]

Some other common reconstructive surgical procedures include breast reconstruction after a mastectomy for the treatment of cancer, cleft lip and palate surgery, contracture surgery for burn survivors, and creating a new outer ear when one is congenitally absent.

Plastic surgeons use microsurgery to transfer tissue for coverage of a defect when no local tissue is available. Free flaps of skin, muscle, bone, fat, or a combination may be removed from the body, moved to another site on the body, and reconnected to a blood supply by suturing arteries and veins as small as 1 to 2 millimeters in diameter.

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