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The Significance of Communication in A Relationship

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ABSTRACT:The purpose of the study was to find out the correlation between communication and relationship satisfaction or what the significance a communication has in a relationship. The study was conducted on the samples who have in relationship and above the age 19. The following attempts to show the significance of communication in a relationship. The communication is defined in terms of texting, calls, and in-person. The relationship satisfaction is the satisfaction based on the communication frequency and efforts. The people will report communicating every day because new technology makes it feasible to stay in touch with a love relationship almost constantly. People will consider regular contact with their relationship to be essential.

KEYWORDS:Communication, Relationship satisfaction, Significance.

I.INTRODUCTION

The process of understanding and exchanging meaning is called communication. Any type of action that changes over time is considered a process in this context. It is impossible to define because it constantly changes. As a result, the process concept can alter due to a change in feedback, a shift in perspective, or any other pertinent change that affects the current situation. Understanding comes next in the definition of communication. To comprehend or interpret something is to understand it. In comparison to simply seeing still images without text or sound, a movie will be easier to understand. Sharing is the definition's final component. Sharing is the act of doing something with one or more other individuals. In order to convey information, messages or any other pertinent thoughts to a receiver or a group of receivers, communication is the culmination of all these elements. It is comprehensible, knowledgeable, and informative.

Practically, communication is what makes the world go around. In our daily work, the value of communication cannot be overstated. Without communication, we would be living in Neanderthal times once again. Interpersonal communication is the spoken or nonverbal sharing of thoughts, feelings, and information between two individuals. Hearing, seeing, feeling body language, facial expressions and gestures are frequently used in face-to-face communication. A relationship that involves physical or emotional intimacy is referred to as an intimate relationship. Emotional intimacy entails sensations of proximity, affinity, and vulnerability.

*Essential for relationship

- 1.Communication
- 2.Feeling heard
- 3.Disagreement
- 4.Mutual intimacy
- 5.Trust

II.RELATED WORK

Words like “boyfriend” or “girlfriend” can imply different things to different people in the developing things to different people in the developing world of young adult romantic relationships, leading to the creation of a definition for each, my research was crucial. I used earlier writing to help me decide what kind of relationship I wanted to research. Stenberg (1986) identified three characteristics that characterise romantic relationships: passion (attraction, desire, and love), intimacy (affiliation, trust and feeling of closeness), and commitment. In different degrees, all three of these characteristics can be found in romantic relationships. I utilised these characteristics to assist explain the significance of the kind of love. I wanted to investigate a certain relationship. I concentrated on romantic partnerships



that have passion, closeness, and some degree of commitment: I refer to this kind of connection as a “committed romantic relationship”. It is vital to recognise how communication is interpreted within these particular connections given the significance of conceptualising romantic relationships differently from other varieties of interpersonal interactions, as was described above. What happens when communication isn’t met seems to be the next crucial question once they have been established. The exact impact of mismatch on relationship satisfaction is not yet established in the literature, nevertheless, earlier studies have shown that difference in communication styles within romantic relationship happiness are associated. This implies that if a mismatch develops, it will reduce communication satisfaction and as a result, reduce relationship satisfaction as a whole.

III.METHODOLOGY

The research approach utilised in the present study to examine the significance of communication in a relationship is described in this part. The purpose of the research is investigating the value of communication in a relationship is the goal of this study. In particular, the goal is to investigate if communication is crucial to relationship satisfaction and whether better communication raises relationship satisfaction overall. The couple’s communication style, communication preferences and relationship happiness were the main concepts examined in. Specific communication mode frequency, individual communication mode satisfaction, communication preferences and overall satisfactions were the four main domains. A personal sheet, interpersonal communication inventory, and couples’ satisfaction index are used to collection of samples.

IV.EXPERIMENTAL RESULTS

Communication preferences	
PREFER PARTNER INITIATES	76%
PREFER SELF INITIATES	2%
NO PREFERENCE IN INITIATION	74%
DAILY COMMUNICATION AS REQUIREMENT	82%
Preferred communication mode	
IN-PERSON	80%
TEXTING	13%
PHONE CALLS	9%
SNAPCHAT	1%
FACEBOOK	5%
OTHERS	2%
SATISFACTION	55.82%

V.CONCLUSION

The relationship between how participants assessed their satisfaction with their overall communication frequency when an individual is apart from his/her partner. The non-parametric line summarizing the overall association between communication and relationship satisfaction. There is strong positive correlation between how satisfied individuals are with their overall relationship and how satisfied they are with communication. A higher communication frequency satisfaction is related to higher overall relationship satisfaction. The mode of communication is not affecting the satisfaction of relationship satisfaction overall. Communication and relationship satisfaction are directly proportional to each other.



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