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## Volume 14, Issue 4, April 2025 |DOI: 10.15680/IJIRSET.2025.1404271| AI Proctored Exam Tool

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**ABSTRACT:** As a result, this project will focus on building an AI-based proctoring test tool for observing and assessing the procedure while maintaining its authenticity across a remote assessment. They are eye tracking, head pose detection, many-person involvement, mouth opening detection, headphone detection, and smartphone detection. The Haar Cascade algorithms are developed based on the OpenCV environment. Every module focuses on a particular type of interference, and these are technical restrictions, unauthorized communication, communication distraction, or more people in the room. It is centred on such characteristics as scalability, accuracy, and reliability to make it sufficiently effective for use by educational institutions and even certification authorities performing secure remote assessments.

KEYWORDS: AI Proctoring, Online Exams, Computer Vision, Gaze Tracking, Real-Time Monitoring

#### I. INTRODUCTION

As distance delivery and online learning have expanded, so has the need to protect the validity of assessments, which has become vital. Standard remote proctoring solutions, which mainly require the human supervisor's intervention, are equally inefficient due to the amount of time they take and errors of the human eye. In addition, they regularly do not meet the requirements of scalability and adaptability for today's online education systems. For these problems, there is a novel solution to introduce the AI into the proctoring process as an automated, bias-free, and scalable approach to examine monitoring.

This project intends to create an AI-powered proctoring exam solution that includes six major modules: The other subtopics include eye tracking, head pose detection, mouth opening detection, multiple person involvement detection, headphone detection, and mobile phone detection.

Each of them is designed to address a different facet of the monitoring of the remote exam that also guarantees the observation of all aspects of the candidate's environment, as well as his movements. For instance, head pose detection observes diversions, whereas an eye tracker to real unique patterns indicates cheating. Similarly, object detection modules are always certain that no prohibited items, like cell phones or headphones within reach, are used during the test; for mouth opening detection, rude speaking is easily recognizable. Moreover, it also has the advantage that deployment can be varied depending on specific institutional requirements due to the modularity of the design.

As a result, the goal of this project is to offer to the educational institutes a reliable, cost-efficient, and highly available proctoring service more suitable for the various needs of the modern online exams. As the service effectively ensures that the deliverance of the assessment will be fair, accurate, and secure to the users, the tool seeks to enhance the user experience as a whole while gradually reducing the reliance on human monitoring during remote examination, which is a more frequently and heavily employed procedure.

#### **II. LITERATURE**

AI has received a lot of interest in proctoring systems in the last couple of years due to the increased demand for secure remote exams. As far as the problems connected with suspicious behaviour identification, cheating prevention, and testing security in the environments of online education, researches and developers used diverse techniques. With a view of advancing the recommended AI proctoring tool, this study reviews literature, and approaches.

Studies targeting remote proctoring systems have centred on eye tracking since it provides crucial data about how candidates act during tests. Techniques like Machine learning models and detection using Haar cascade have been used quite often for the purpose of tracking gazes. According to the tests with OpenCV, one can recognize such unusual movements with the eyes in real time if they might be distractions or attempts to sneak a peek.





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Another significant feature of the proctoring system based on artificial intelligence is head pose detection, which is tracked by the help of Haar Cascades while focus is detected by facial landmark-based 3D estimations used by studies. By using the above techniques, it has been demonstrated that they can efficiently track changes in the orientation of the head and further that they are relatively insensitive to different locations of the camera and fluctuations in lighting. Such development ensures certainty when identifying behaviours of a candidate that might relate to cheating attempts.

In particular, for the detection of forbidden verbal actions during the exam, the detection of mouth opening is quite developed. Signs that methods of FFE, such as CNN and Haar cascades, have been effective have been demonstrated in real-time detection. All these strategies sought the reason of preventing applicants from communicating with one another during the proctored exams.

This paper has also identified that research related to multiple-person detection, which ensures that invalid individuals are excluded from the examination environment, is challenging. For detection of multiple faces in a frame, various deep learning techniques like YOLO and Haar Cascade face detection techniques have been employed. One might argue that such problems as occlusions and overlapping of people are still present in the current works; however, the success in solving the given tasks has improved the given datasets.

Recent work has been done on object detection for detecting prohibited items such as cell phones and headphones. It seems that frameworks based on the OpenCV engine, as well as pre-trained sets of the Haar feature, can yield acceptable accuracy in identifying these items. Application of methods, for instance YOLO and SSD2, requires enhanced strength in computers since they are more efficient than the basic methods but require more extensive computational strength.

Thus, several detection modules are used in integrated AI proctoring systems in order to provide a full system designed for monitoring. The fact that each module is separate yet each part is integrated to contribute to an overall system is a benefit supported by research. This method guarantees scalability, flexibility, and adaptability to meet the various needs of remote proctoring applications. Lastly, there are several main challenges in AI proctoring, which are as follows: (1) Controlling computational power (2) Ensuring the availability of the system regardless of the environment (3) Ethical concerns such as privacy and data security of users. The literature also emphasizes that user consent is crucial and represents one of the main issues related to artificial intelligence, namely the transparent monitoring systems.

#### **III. METHODOLOGY**

It uses an intelligence-based method with the aim of achieving accuracy, expansiveness, and effectiveness while the development of software follows a method that is systematically split into stages. All these phases aim at specific aspects of the system.

#### Products, market, and scope identification

The project involves defining the objectives and scope of the tool through assessment of the need it is intended to meet. They include basic functions like eye tracking, head pose detection, mouth opening detection, and multiple-person involvement, headphone detection, and cell phone detection.

- Investigating current and potential problems in remote proctoring situations.
- Examining the efficiency of the Haar Cascade and OpenCV for real-time detection.

#### **Data Preparation**

The effectiveness of the system is highly tied to the quality of the training and test data sets it is fed on.

- Gathering datasets of facial attributes, head poses, and other objects like headphones and cell phones from which annotations are made.
- Data Cleaning: It means that some samples can be rejected during the process of data preparation to obtain the most accurate model of the phenomenon under study.
- Adding more lighting, angles, and backgrounds to datasets increases the tool's solidity for practical use.

#### **Module Development**

Each is structured individually for modularity and scalability to support the application of each module.





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- Eye Tracking: Identifying and interpreting coordinate strategies with Haar Cascade.
- Head Pose Detection: Determination of orientation of head based on the facial landmarks.
- Employing Haar Cascade or CNN to avoid speaking activities while detecting movement of lips.
- Multiple Person Detection: Finds more people with the help of face detection models.
- Training models for object identification with Haar Cascade with the purpose of headphone detection.
- Cellphone Detection: Applying Haar Cascade or some other ready-made models of object detection.

Before integrating this into existing modules, each is tested individually to verify its efficiency and correctness.

#### Integration

The modules are part of a single system that can handle real-time proctoring.

- Establishing channels of communication through which a module and others can disseminate their detection outcomes.
- Facilitating conflict and problem avoidance by guaranteeing that all modules interconnect and work as they should.
- Doing interface testing to check on how the system performs.

#### **Testing and Validation**

The integrated tool is extensively tested to guarantee that it has high standards of dependability and stability.

- In functional testing, the objective is to guarantee that every single module is functioning as planned.
- Performance Testing: It is needed to provide real-time detection in different conditions regarding illumination and camera positions.
- Load testing helps to ensure performance during simultaneous usage by many users and critical situations during long-term usage of the system without pauses or mistakes.

#### Deployment

The finalized system is deployed according to user requirements:

- Local deployment means their implementation on local stand-alone devices with built-in cameras.
- Server-Based Deployment: It is a centralized utility available as web applications that run in a web browser.
- Deployed cloud frameworks for expansibility and distant committal to writing.

#### Continuing processes and successive enhancement

After use, the system also continues users' feedback and new issues to change and enhance the management system.

- It is possible to use new data sets and modify algorithms from time to time to increase the accuracy of the results.
- In some cases, always utilize sophisticated detecting methodologies.
- Compliance with the data privacy rules, as well as ethical norms of the world.

Having this process allows for constructing a robust, efficient, and accurate AI-proctoring solution for all the requirements of tests for remote settings alongside preserving user trust and credibility.





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# Volume 14, Issue 4, April 2025 |DOI: 10.15680/IJIRSET.2025.1404271| Flow Chart



#### **IV. RESULTS**

In this AI proctoring test tool project, we will design responsible software that will be able to recognise and supervise potential misconduct during online examinations. It will have the following functionalities:

1. Eye Tracker: Identifies situations in which the head or attention is not directed toward the screen through the tracking of the eyes.

2. Head Pose Detection: Recognises head direction, sway from the frontal plane while making movements looking at objects that might show that the students were group working or using prohibited materials.

3. Mouth Opening Detection: Includes circumstances, such as when the candidate's mouth is open, focusing on the fact that they are likely to be talking throughout the test.

4. Multiple Person Detection: Used to confirm the applicant besides identifying whether there are any other different persons present in the test space.

5. Headphone Detection: It detects the headphones or earphones for responding during the exam.

6. Cell phone Detection: Decides if the candidate has a cell phone or other comparable gadget around, for example, in the working environment or at home.

#### V. KEY OUTCOMES

• Enhanced Exam Integrity: The tool proves the credibility of online assessments for schools and certifications.

- All invigilators examining the students will instantly receive messages regarding any suspicious case noticed.
- Automating reporting makes it easy to produce logs and reports that are beneficial after exams have been conducted.
- Scalability: The solution can work with many candidates in different locations at the same time.
- Compatibility with current online examination software means the service is easy to use.

#### VI. CONCLUSION

The AI Proctoring Exam Tool is a great leap forward to make online examinations more fair and secure. The content addresses key issues like unauthorised device deployment, anonymous candidate tracking, and environmental verification through integrating impeccable algorithms like OpenCV and Haar Cascade. It is efficient to monitor eye





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movements, record head postures, recognise multiple people, and use external devices for timely and accurate proctoring. This system is highly efficient and does not involve a human factor, which causes many mistakes. The successful completion of this project would provide educational institutions and organisations with a less expensive, easily implementable solution for assurance of credibility in remote assessments in the modern world of technology. It is that, as it may be used in various contexts, the program provides a base on which to build future safe and sound online assessments.

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